

30-Day Racial Justice Challenge



SUN

MON

TUE

WED

THU

FRI

SAT

"To bring about change, you must not be afraid to take the first step" (Rosa Parks).

Day 3 | June 21

Pray for the families of the men and women who have lost their lives because of police brutality.

Day 10 | June 28

Media check: Do your books, podcasts, blogs and other social media reflect a diversity of perspective?

Day 17 | July 5

Read from the [sermons and speeches](#) of Dr. Martin Luther King, Jr.

Day 24 | July 12

Listen to or preach a sermon on racial justice.

Day 4 | June 22

Read about the [1964 Civil Rights Act](#).

Day 11 | June 29

Learn about differences in the [quality of education](#) between majority-Anglo and communities of color.

Day 18 | July 6

Research the inequity among ethnicities for [maternal and infant mortality](#).

Day 25 | July 13

Compare stories among your friends (white and black) concerning their interactions with police.

Day 5 | June 23

Purchase something from a [black-owned business](#).

Day 12 | June 30

Watch this movie: www.justmercy.com.

Day 19 | July 7

Donate your time or money to an organization that promotes racial justice.

Day 26 | July 14

Rest and reflect. Read Ephesians 2:11-22. Write down your thoughts.

Day 6 | June 24

Research the ["digital divide" among ethnicities](#).

Day 13 | July 1

Learn about Dallas civil rights pioneer [Juanita Craft](#). Visit [her home](#), which is a city landmark.

Day 20 | July 8

Read about the [racial history of Dallas](#).

Day 27 | July 15

Pray for our Dallas and Rockwall County police officers, mayors, and police chiefs.

Day 7 | June 25

Visit the African American Museum in Dallas.

Day 14 | July 2

Rest and reflect. Read Galatians 3:26-29. Write down your thoughts.

Day 21 | July 9

Talk to someone born before 1964. Ask about living during the Jim Crow era.

Day 28 | July 16

Research white privilege. [Watch this video](#).

Day 1 | June 19

Read about [Juneteenth](#).

Day 8 | June 26

Begin reading a book by an author who is African American.

Day 15 | July 3

Enjoy a meal at a [black-owned and operated restaurant](#).

Day 22 | July 10

Learn about [Dallas' history of housing discrimination](#).

Day 29 | July 17

Day of Repentance
Ask God to search your heart. Address anything He reveals.

Day 2 | June 20

Take a friend inventory. How many of them are of a different ethnicity than you?

Day 9 | June 27

Commit to speaking up the next time you hear a "joke" that denigrates African Americans or other people of color.

Day 16 | July 4

Research the [racial bias of the criminal justice system](#) in the United States.

Day 23 | July 11

Intentionally participate in an event in which you are in the racial minority.

Day 30 | July 18

Share what you have learned.